

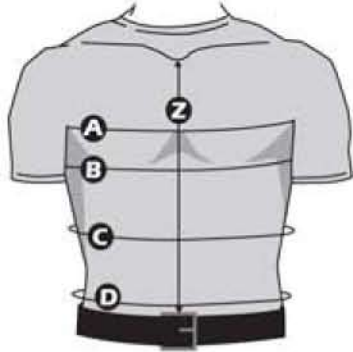


# AFFORDABLE BODY ARMOR

## BODY ARMOR MEASUREMENTS

### 6 STEPS TO GREAT FITTING ARMOR

1. Have another person conduct the measuring of your torso.
2. Be precise, accurate, and complete all the requested information.
3. Do not over or under measure. Mismeasuring results in poor fitting armor.
4. When measured, wear normal / usual "Work" attire.
5. Do not artificially adjust, up or down, your belt height.
- 6 Do not sit or stand artificially erect while being measured.



NAME/CRED. NO. \_\_\_\_\_

AGENCY: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

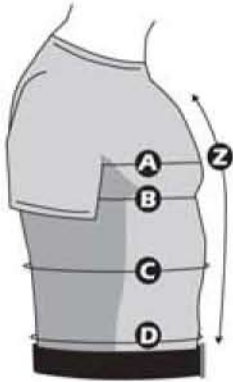
CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_

HEIGHT: \_\_\_\_\_ FT. \_\_\_\_\_ IN. WEIGHT: \_\_\_\_\_ LBS. MALE: \_\_\_\_\_

TROUSER SIZE: WAIST \_\_\_\_\_ IN. INSEAM: \_\_\_\_\_ IN. FEMALE: \_\_\_\_\_

COAT SIZE: \_\_\_\_\_ SHORT REGULAR LONG BRA & CUP SIZE: \_\_\_\_\_



**A FULL CHEST MEASUREMENT - STANDING** \_\_\_\_\_ IN.  
 Using a cloth tape measure, measure around the back, high under the armpits, and across the largest part of the chest. Try to keep the tape parallel to the floor and be careful not to let the tape droop in the back.

**B THORAX MEASUREMENT - STANDING** \_\_\_\_\_ IN.  
 Using a cloth tape measure, measure around the back, next to the biceps, under / at the base of the breast /pectoral muscles, across the sternum. Try to keep the tape parallel to the floor.

**C UPPER ABDOMINAL MEASUREMENT - STANDING** \_\_\_\_\_ IN.  
 Using a cloth tape measure, measure around the back, at approximately elbow height, and across the bottom of the ribcage in the front. Try to keep the tape parallel to the floor.

**D LOWER ABDOMINAL / STOMACH MEASUREMENT - STANDING** \_\_\_\_\_ IN.  
 Using a cloth tape measure, measure around the back in the kidney region, approximately 1" above the belt, and across the front at the navel. Try to keep the tape parallel to the floor.



**X BACK MEASUREMENT - STANDING** \_\_\_\_\_ IN.  
 Using a cloth tape measure, measure down the length of the spine from the base of the collar (Dress, Polo, or T-Shirt) to the belt.

STANDING SEATED

**Z FRONT TORSO MEASUREMENT - STANDING & SEATED** \_\_\_\_\_ IN. \_\_\_\_\_ IN.  
 Using a cloth tape measure, measure from the clavicle depression / "V" notch (At the top of the bone) located at the base of the throat down between the pectoral muscles over the sternum and abdomen to the belt. This measurement shall be taken in the seated position.

### SEATED MEASUREMENT



**IMPORTANT:**  
 Do not add nor deduct any length from the actual torso measurement.  
 Give length measurement in full.

NOTES: \_\_\_\_\_

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